

Nonprofit Chamber of Services Nonprofit of the Week

This series has been established with the intent of increasing awareness of the many causes and efforts taken on by our nonprofit brethren. If your nonprofit has a particular event taking place during the course of a week, an anniversary for example, please make this known and we will do all possible to accommodate a spotlight that coincides. On behalf of our membership, we wish to say “thank you” for taking a few moments from your busy schedule to learn a bit more about our community of nonprofits.

The staff and doctors at the **Center for Health and Wellness**, located at 2707 E. 21st Street, strive to provide family healthcare through improved access and a heightened and unrelenting focus on prevention and wellness education. To meet this mission, the Center teaches fitness classes, supports a doctor’s practice, teaches health classes and provides health screenings.

The Center was formed in July 1998 to provide primary healthcare, prevention and outreach services to the Northeast Wichita and surrounding communities. Residents in this three ZIP Code area had the highest levels of diabetes, hypertension and infant mortality. Many used the local emergency rooms for their primary source of healthcare.

Activities for Life, a women’s only exercise class is held four times a week to promote a healthy lifestyle. *Life Fit*, a men’s only health class, helps to reduce risk factors that lead to diabetes, obesity and high blood pressure. The *Stork’s Nest*, offers mothers-to-be children’s necessities and clothing for free by trading in points accumulated for attending prenatal classes. The Center has six private consultation rooms, one procedure room, x-ray and laboratory facilities and a multi-purpose room. The SRS has an office onsite to offer their services to the Center’s clients as needed.

Beverly White, the Executive Director since May 2005, has a 20 year background in higher education. Her managerial and administrative skills, as well as fundraising skills, were noticed while she was working at the Center as a volunteer.

On April 22, 2006, from 9:00 a.m. – 5:00 p.m. the Center is promoting a community garage sale day. The event will be held in the parking lot at the Center. Everyone is asked to register to reserve their space today. On June 17, 2006, from 8:00 a.m. – 5:00 p.m. come and enjoy some great BBQ, music and fun activities at the Kansas Master’s BBQ Championship at Lawrence-Dumont Stadium. The BBQ event benefits the Center.

For more information about the Center for Health and Wellness, call (316) 612-6880 or check their webpage at www.wichitawellness.org.